

Anguilla Youth Sailing Club

Course Descriptions & Registration

Please check to make sure your application is complete:

- Youth Registration (below)
- Release of Liability and Treatment Authorization
- Payment (check or cash).

Youth's Name (use nickname) _____ Birthday ____/____/____

Resident ___ Tourist ___ Parent or Guardian's name _____

Resident: School Attended _____ Tourist :Where Staying _____

Street Address _____ Village _____

Phones: Home _____ Work _____

cell _____ email _____

Alternate emergency contact (name and phone) _____

Parent's or Guardian's Employer (optional to facilitate Youth Program support) _____

What experience does your child have with this activity? _____

How did you hear about us? _____

Does your child have any health conditions,
physical limitations or any other medical
condition requiring special attention?
(please list all)

Is your child allergic to: Inset bites/stings
Penicillin
Other medications
Other (please list)

Class Choice: Starfish Beach Camp, Easter Camp, Summer Camp, Christmas Camp

Opti Level 1, Level 2, Racing

420 Level 1, Level 2, Racing

Adult Sailing

Private Lessons

Start Date: _____ **Finish Date:** _____

Parent and Student Information

- All students must be able to swim 50 meters
- Participants are expected to adhere to program safety rules, which include wearing a lifejacket and shoes when on or near the water,

and staying with an instructor or parent at all times while on ASA premises. Therefore, youth must be dropped off close to the

program starting time and be picked up head home promptly after the program completion time.

What to bring

- Bring clothes to wear in the water, including a t-shirt, shorts or a swimming suit, and shoes that you don't mind getting wet.
Plan on getting very wet every day - students may bring dry clothes, dry shoes and a towel for after class.
- All students must bring a water bottle to class
- The Anguilla Youth Sailing Club will provide lifejackets. Youth may bring their own if it is proper size (snug fit) and quality.
- Please do not bring valuables to class - The Anguilla Youth Sailing Center is not responsible for theft.
- Once signed up, it is expected that participants will attend ALL scheduled days, unless otherwise noted.

Drop Off/Pick UP

Students can be dropped off at Anguilla Youth Sailing Club in Sandy Ground, located across from The Pump House.

Drop offs are not allowed earlier than 15 minutes before class time and students are to be picked up at the time of class completion.

AYSC staff are not responsible for supervision of students before or after this time., as they will be preparing class equipment and materials.

If you are interested in car-pooling, please note this on the registration form.

I have read the above policies and will abide by them

Parent/guardian signature and date _____ Youth signature and date _____

Payment of US \$ _____ received by cash _____ check _____ credit card _____

Received by Instructor _____ Date _____

Request for financial assistance: _____

Registration & Class Descriptions

Early registration is highly recommended as many sessions may fill up quickly.

Once you have turned in your registration materials you will be called to confirm that all is set for your youth to start.

Class Payment

Registration fees:

4 weeks, Twice a week: \$200 US (\$65 for youth attending an Anguilla school) +\$10 one-time insurance fee

4 weeks, Once a week: \$100 US (\$35 for youth attending an Anguillian school) +\$10 one-time insurance fee

There is no refund on or after the first class day and no refund for reduced sailing, caused by absence or adverse weather (lack of wind, too much wind, rain, etc).

If you are interested in making a donation to the AYSC to keep our rates low, or sponsoring a child through our scholarship program, please contact the head of instruction at 584-7245.

Financial Assistance/Scholarship

If you are interested in receiving a scholarship for your child, please visit the AYSC building, or call the head of instruction at 584-SAIL (7245). You may request a full or partial fee reduction. You will be contacted regarding the status of your request.

Additional Information

Classes will meet every day scheduled. Rigging, safety, equipment maintenance and other skills will be developed off the water on non-sailing days.

Sailing 1

This class focuses on having fun while learning the basics of sailing, including identifying wind direction and puffs, rigging and launching, sailing a straight course, tacking or jibing around a buoy, recovery from a capsize and safety, and retrieving boats with the help of other classmates. In addition, youth will begin to learn knots, boat parts, basic sail trim, and will increase their confidence. They will also learn to assist others and treat their equipment with respect. Optimist sailboats are used for the sailing classes. Students are encouraged to repeat this course until they are comfortable enough to sail solo, building on their skills with each subsequent session before proceeding to Sailing 2.

Sailing 2

Students taking this course should already be able to comfortably sail solo. In addition to continuing basic skills (see Sailing 1), students learn more advanced sailing theory, continue to develop skills of launching and landing, sailing in all points of sail and with proper sail trim, handling wind shifts and puffs, problem-solving and further developing communication skills. Students may be introduced to other sailboats in this class. Repeating this course is highly recommended as students will continue to develop their skills and knowledge with each subsequent session.

Introduction to racing

As students develop their skills, and if there is sufficient demand for a racing course, the AYSC will offer a once-a-week racing series. Prerequisites: **Ability to sail well, fully independently**, and written consent of the Anguilla Youth Sailing Club Program Director. Very limited instruction is given, as each youth will be concentrating on his or her own skills and technique. There will also be a focus on developing students' abilities to compete in actual regattas.

